



The College of  
Animal Welfare

# Rehab Congress

**Thursday 9 February 2023**

9.30am-4.30pm



# Rehab Congress Programme

**9am – 9.30am Online Registration and Exhibition**

**9.30am– 9.35am Chair's Welcome**

*Claire Hobson RVN Cert Ed Canine Hydrotherapist, The College of Animal Welfare*

**9.35am – 10.15am Physiotherapy for the Post-operative Spinal Patient**

*Fiona Doubleday BSc(Hons) Physiotherapy, MCSP, ACPAT Chartered Physiotherapist, Fitzpatrick Referrals Ltd*

This presentation will delve deeper into physiotherapy techniques which can be used to help the post-operative spinal patient. We will cover the following key learning points:

- An overview of the benefits of physiotherapy when rehabilitating this patient group
- Examples of 3 spinal surgeries that physiotherapy can assist in the recovery of
- The assessment of the post op patient and examples of rehabilitation techniques that can be useful
- Case examples

**10.15am – 11.15am Brace Yourself – Orthoses in Small Animal Practice**

*Diane Messum MCSP HCPC BSc(Hons) MSc VetPhysio ACPAT Cat A RAMP, Davies Veterinary Specialists*

Still a newly emerging therapeutic modality, veterinary orthoses and prosthetics originated in human health care and are now widely respected in the veterinary industry.

An orthosis is an externally applied device used to modify the structural and functional characteristics of the neuromuscular and skeletal system. Some of the materials in orthosis may be fabricated from to include neoprene, low temperature thermoplastics and high temperature polypropylene.

Knowledge of the principles of orthoses, splints and soft supports is necessary to recommend a device for our orthopaedic and neurological patients. Join this session to gain a greater insight into how they may be used.

**11.15am – 11.40am Live Q&A Panel** Present questions to the speakers

**11.40am – 12.05pm Online Exhibition and Lounges**

**12.05pm – 1pm Developments in Managing Canine Osteoarthritis**

*Hannah Capon MA Vet MB MRCVS, Canine Arthritis Management (CAM)*

Canine osteoarthritis is a highly prevalent condition that will affect most dogs within their lifetime. Now considered a welfare concern (O'Neil et al 2019\*) prevention, early diagnosis and proactive case management are prerequisites to improving the quality of life and longevity of our canine friends.

This presentation will highlight current developments in canine OA management and what the future may hold with translation into management of osteoarthritis in humans. We will cover the following key points:

- Insight into developments in human OA management
- Recap of the global problem in canines and an approach to combat it
- Recap of the individual canine problem and an approach to combat it
- Developments in identification, diagnosis and conservative/ palliative management
- Strategies in OA management

\*Summers JF, O'Neill DG, Church D, Collins L, Sargan D, Brodbelt DC. Health-related welfare prioritisation of canine disorders using electronic health records in primary care practice in the UK. *BMC Vet Res.* 2019;15(1):163. doi:10.1186/s12917-019-1902-0

**1pm-1.15pm**

**Live Q&A Panel** Present questions to the speakers

**1.15pm-2.05pm**

**Online Exhibition and Lounges**

**2.05pm - 2.50pm**

**Pulsed Electromagnetic Field Therapy for Animals**

*Katie Lawrence V Phys, PGCert Vet Ed (RVC), FHEA, PGCert Eq Rehab & Performance, AHPR Registered, Animal Rehabilitation and Health Academy*

Pulsed Electromagnetic Field (PEMF) is a non-invasive therapy that has a very useful place in rehabilitation. However, there are so many modalities that fall under the banner of PEMF it can be very challenging to understand the differences between the types of treatments, not to mention the research behind each one! During this session Katie will cover:

- What PEMF is and how it interacts with the body
- The different types of therapies that fall under the banner of PEMF
- The benefits of PEMF therapy for Animals and practical use

This evidence based session will provide a deeper understanding of how PEMF works and its uses in therapy.

**2.50pm - 3.40pm**

**Massage Therapy for the Veterinary Nurse**

*Emily Ashdown RVN, A DIP PHYS, CSMC. RAMP. MIAAT, Companion Animal Health*

Massage has many benefits for our patients both in clinics and in the hospital but is an underused tool for the veterinary nurse.

This presentation will cover the basic principles of Massage Therapy, discussing what is within the scope of practice for the RVN and how best to introduce it into your nursing practices. In this session we will cover the following:

- Explanation of canine massage
- Benefits of Massage
- Contraindications
- Conditions / indications for massage
- Palpation assessment
- Different strokes/techniques
- Performing PROM
- Massage routine
- Observations during treatment

During the presentation, Emily will run through the many different aspects of how you can introduce Massage Therapy into your nursing practice. By the end of the lecture, and provide you with the knowledge to be able to:

- Understand the legalities around performing massage
- Identify patients that would benefit from treatment and any contraindications
- Understand how to perform basic techniques.

**3.40pm - 4.05pm**

**Live Q&A Panel** Present questions to the speakers

**4.05pm-4.10pm**

**Chair's Close**

*Claire Hobson RVN Cert Ed Canine Hydrotherapist, The College of Animal Welfare*

**4.10pm-4.30pm**

**Online Exhibition and Lounges**

**How to book...**

For details of prices and how to book your place, please see overleaf to complete and return the booking form. You can also book online at [www.caw.ac.uk/events/rehab-congress](http://www.caw.ac.uk/events/rehab-congress)



Please note the organisers have the right to change the programme at short notice and without notice.

# Rehab Congress 2023

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## Price Rate A - Early Bird Rate

(Bookings before 16 December 2022)

£125 + VAT (A)

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(Bookings after 16 December 2022)

£175 + VAT (B)

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Do you have any dietary requirements? \_\_\_\_\_

Do you have any accessibility requirements (e.g closed captions)? \_\_\_\_\_

How did you hear about Rehab Congress? \_\_\_\_\_

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